

SB CAER General Meeting & Annual Officer Elections – 12/06/06

1. Year end summary
2. Holiday Safety Presentation – Craig Fry, Indigo Systems
  - a. Fire Safety
    - i. General
      1. Install and maintain smoke and CO detectors throughout your house
      2. Have a fire extinguisher readily available
      3. Create a home evacuation plan, and practice it with your family
    - ii. Christmas trees
      1. Consider an artificial or live tree
      2. If buying a cut tree, make sure to buy a fresh one
      3. Cut 1 inch off the base of the tree before placing it in a stand
      4. Make sure the stand always has water in it
      5. Place tree away from heaters, fireplaces, etc.
      6. Miniature lights generate less heat than larger lights
        - a. Never string more than 3 light strands together
      7. Turn lights off when you sleep, or leave the house for very longer
      8. Never burn a tree in your fireplace. Recycle it instead
    - iii. Electrical
      1. Don't overload outlets
      2. Use appropriate lights that are in good condition
      3. Use outlets with GFI for outdoor displays that might get wet
        - a. Keep electrical connectors above ground and out of water
        - b. Point lights down to prevent moisture from collecting in the socket
      4. When connecting light strands, wrap a plastic bag around connections and tie ends with a nonmetallic material. Never connect more than 3 strands together
      5. Use only outdoor lights outside your home
      6. Use extension chords with care. Don't place across walkways
      7. Never use electric lights on a metallic tree. Use decorations or colored spot lights
    - iv. Candles
      1. Never use candles on a Christmas tree, or place them near combustibles
      2. Never leave candles where a small child or pet might be able to reach them
      3. Make sure all candles are extinguished before going to sleep
      4. Place candles in sturdy containers
  - b. Safe Driving
    - i. Alcohol – “Legally Drunk” vs Impaired

ALCOHOL IMPAIRMENT CHART									
APPROXIMATE BLOOD ALCOHOL PERCENTAGE									
Drinks	Body Weight in Pounds								
	100	120	140	160	180	200	220	240	
0	.00	.00	.00	.00	.00	.00	.00	.00	ONLY SAFE DRIVING LIMIT
1	.04	.03	.03	.02	.02	.02	.02	.02	Impairment Begins
2	.08	.06	.05	.05	.04	.04	.03	.03	Driving Skills Affected
3	.11	.09	.08	.07	.06	.06	.05	.05	Possible Criminal Penalties
4	.15	.12	.11	.09	.08	.08	.07	.06	
5	.19	.16	.13	.12	.11	.09	.09	.08	
6	.23	.19	.16	.14	.13	.11	.10	.09	
7	.26	.22	.19	.16	.15	.13	.12	.11	Legally Intoxicated
8	.30	.25	.21	.19	.17	.15	.14	.13	Criminal Penalties
9	.34	.28	.24	.21	.19	.17	.15	.14	
10	.38	.31	.27	.23	.21	.19	.17	.16	

Your body can get rid of one drink per hour.  
Each 1½ oz. of 80 proof liquor, 12 oz. of beer or 5 oz. of table wine = 1 drink.

ALCOHOL IMPAIRMENT CHART									
APPROXIMATE BLOOD ALCOHOL PERCENTAGE									
Drinks	Body Weight in Pounds								
	90	100	120	140	160	180	200	220	
0	.00	.00	.00	.00	.00	.00	.00	.00	ONLY SAFE DRIVING LIMIT
1	.05	.05	.04	.03	.03	.03	.02	.02	Impairment Begins
2	.10	.09	.08	.07	.06	.05	.05	.04	Driving Skills Affected
3	.15	.14	.11	.10	.09	.08	.07	.06	Possible Criminal Penalties
4	.20	.18	.15	.13	.11	.10	.09	.08	
5	.25	.23	.19	.16	.14	.13	.11	.10	
6	.30	.27	.23	.19	.17	.15	.14	.12	Legally Intoxicated
7	.35	.32	.27	.23	.20	.18	.16	.14	Criminal Penalties
8	.40	.36	.30	.26	.23	.20	.18	.17	
9	.45	.41	.34	.29	.26	.23	.20	.19	
10	.51	.45	.38	.32	.28	.25	.23	.21	

Your body can get rid of one drink per hour.  
Each 1½ oz. of 80 proof liquor, 12 oz. of beer or 5 oz. of table wine = 1 drink.

1. Don't drink on an empty stomach, and know your limits
    - a. One drink per hour is a good rule of thumb
    - b. Choose a designated driver before going to a party
  2. If you are hosting a party;
    - a. Have plenty of foods available for guests
    - b. Offer a variety of non-alcoholic beverages
    - c. Encourage your guests to choose designated drivers before they come to your party
    - d. Stop serving alcohol one hour before the party ends, because only time sobers an individual who has been drinking
    - e. If some guests have too much to drink, drive them home or arrange for alternate transportation
  3. Don't let anyone who is obviously intoxicated drive. If they insist, take their keys, ask for help from other guests, or temporarily disable the car. If all else fails, call the police. Remember, you can be held responsible!
- ii. Driving in wet conditions
1. Rare skill in California
  2. Make sure you can see well
    - a. Replace your wipers
    - b. Use your defroster
  3. Make sure you can stop well
    - a. Maintain your brakes & tires
    - b. Know your antilock brakes
  4. Difference between dry and wet weather
    - a. Stopping take 2-3 times more distance
    - b. Cornering is significantly worse
    - c. Hydroplaning = You are now an unsteerable sled
- c. Child Safety
- i. If you have small children, or could have them in your house during the holidays, please consider addressing the following hazards;
    1. Swimming pools
    2. Small toys, candies, nuts, decorations
    3. Stairs
    4. Pets
    5. Medicine & chemicals
    6. Electrical outlets & chords
    7. Fireplaces, candles, stoves

3. Officer Elections
  - a. Nominations
  - b. Voting (SB CAER "Members" only)
4. Suggested Meeting Topics for 2007
5. LEPC
  - a. Congratulations for 2006 Leadership Award from EPA
6. Adjourn